

# PARENTING PROGRAMS



Champions

## NURTURING PARENTING PROGRAM -FREE

Improve parenting skills, promote child development and healthy bonding, enhance parent-child relationships to improve treatment outcomes & reduce risk of relapse, reduce developmental or abuse/neglect risks to children, strengthen relationships, and teaching appropriate parenting skills and techniques.

HELD ON: **Tuesday and Thursday (Hanford)**

**Wednesday (Avenal)**

## STRENGTHENING FATHER INVOLVEMENT -FREE

Reduction in aggression and impulsivity in the parenting role, increased participation in the parenting role and responsibility taking, a greater empathy and moral sensitivity for their children, increased ability to cope with life stressors, increased support of the child's needs, decrease in child abuse and neglect, reduction in intergenerational criminality and violence, and a reduction in recidivism rates for men (including absence from children's life or poor role modeling).

HELD ON: **Tuesday (Hanford)**

## CELEBRATING FAMILIES -FREE

Offers a 16 week skill building educational program for ages 4– 17 and their parents & caregivers. It incorporates addiction/ recovery concepts with healthy family living skills. Each session is fully –scripted with age appropriate exercise, handouts and activities sheets.

HELD ON: **Tuesday and Wednesday (Hanford)**

**Thursday (Avenal)**

## CHILD ABUSE TREATMENT -HAS A FEE

Is a 52– week group that is court order child abusers treatment program. Which utilizes evidence based curriculum and a specific format pursuant to the California Penal code for males and females. The curriculum will touch on child abuse & family violence, child abuse & neglect, and Responsible parent and drug use, abuse and addiction.

HELD ON: **Monday ,Tuesday and Friday (Hanford)**

**Wednesday (Avenal)**



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## PARENT CHILD INTERACTION THERAPY (PCIT) -HAS A FEE

Treatment for parents and children to help improve the parent-child relationship by teaching the parent skills to manage their child's challenging behavior problems. PCIT is for parents who are, overwhelmed, depressed, stressed and unsure how to deal with their child's challenging behaviors. PCIT are for children who are between 2 and 8 years of age, Behavioral problems such as difficulty in school, preschool, daycare, aggressive behaviors towards parents, siblings, teachers, and other children, sassing, refusal to follow directions, temper tantrums, swearing and defiance

HELD ON: **Thursday and Friday (Hanford)**

**Thursday (Avenal)**

## MULTIDIMENSIONAL FAMILY THERAPY (MDFT) - FREE

MDFT is an effective family-centered treatment for youth. Multidimensional Family Therapy (MDFT) is an integrated, comprehensive, family-centered treatment for youth problems and disorders. MDFT prevents out-of-home placement. MDFT focuses on key areas of the adolescent's life and provides an effective and cost-efficient treatment. MDFT addresses a range of youth problem behaviors – substance abuse, delinquency, antisocial and aggressive behaviors, school and family problems, and emotional difficulties. It can be implemented in substance abuse and mental health treatment, child welfare, and juvenile justice systems, including detention centers and juvenile drug courts.

HELD ON: **Thursday (Avenal)**

**For more information, please contact Veronica Hernandez**

**LOCATION: CHAMPIONS**

**629 N. Irwin St.**

**Hanford CA 93204**

**PHONE: (559) 772-8144**



the  
**Wonderful**  
company

